

MEASURING WORKSHEET

ABBREVIATIONS

Write in the correct measurements for the following abbreviations.

- | | | | |
|--------------|-------------------|--------|---------------|
| 1. T or tbsp | <u>Tablespoon</u> | 5. c | <u>cup</u> |
| 2. t or tsp | <u>teaspoon</u> | 6. oz | <u>ounce</u> |
| 3. lb | <u>pound</u> | 7. pt | <u>pint</u> |
| 4. qt | <u>quart</u> | 8. gal | <u>gallon</u> |

EQUIVALENTS

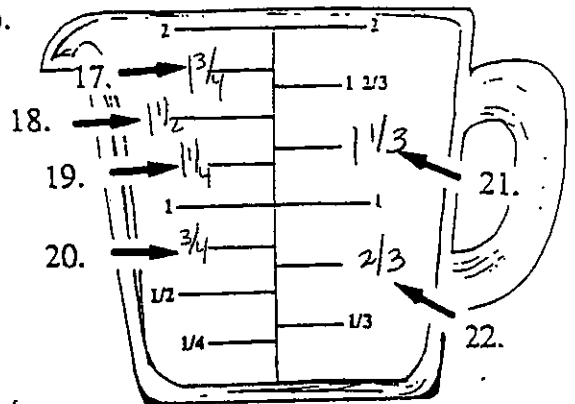
Write in the correct equivalent for the given amounts.

- | | | | | | | | |
|-------------------|---|------------|------------|--------------------|---|------------|-------|
| 9. 3 teaspoons | = | <u>1/4</u> | tablespoon | 13. 4 tablespoons | = | <u>1/4</u> | cup |
| 10. 8 tablespoons | = | <u>1/2</u> | cup | 14. 16 tablespoons | = | <u>1</u> | cup |
| 11. 2 cups | = | <u>1/2</u> | pint | 15. 1 pint | = | <u>1/2</u> | quart |
| 12. 2 quarts | = | <u>1/2</u> | gallon | 16. 16 ounces | = | <u>1</u> | pound |

LIQUID MEASURING CUP

Fill in the correct amounts missing on the liquid measuring cup.

17. 3/4
 18. 1/2
 19. 1/4
 20. 3/4
 21. 1/3
 22. 2/3



DRY MEASURING CUPS

23. List the 4 sizes of dry measuring cups. 1/4 c. 1/3 c. 1/2 c. 1 c.

MEASURING SPOONS

24. List the 4 sizes of measuring spoons. 1/4 tsp 1/2 tsp 1 tsp 1 Tbsp

MEASURING INGREDIENTS

25. Flour and granulated sugar would be measured in what type of measuring cup? dry
 26. What types of ingredients are packed into the measuring cup? brown sugar
 27. To view ingredients in a liquid measuring cup, do you hold the cup in your hand or place it on the table? table
 28. Should you use a dry or a liquid measuring cup when measuring sifted ingredients? dry
 29. True or False. Measuring spoons are used to measure both dry and liquid ingredients.

MEASURING UTENSILS

Identify the type and size of measuring utensil you would use to measure each of the following ingredients. Remember your equivalents and list the most simple measurement when there is a choice. (For instance, 1/2 is more simple than 1/4 + 1/4.) The first is given as an example.

Ingredient	Type of Utensil	Size
a. 1 1/3 cup flour	<u>dry measuring cup</u>	<u>1 cup + 1/3 cup</u>
30. 3/4 cup oatmeal	<u>dry</u>	<u>1/2 + 1/4 c.</u>
31. 2/3 cup water	<u>liquid</u>	<u>2/3</u>
32. 1 3/4 teaspoon salt	<u>meas. spoons</u>	<u>1 tsp + 1/2 + 1/4</u>
33. 3 teaspoons oil	<u>meas. spoons</u>	<u>1 Tbsp</u>
34. 1/4 cup shortening	<u>dry</u>	<u>1/4 c.</u>

Name _____ Date _____ Period _____

Symbols, Abbreviations and Equivalents

t. or tsp. = teaspoon

T. or Tbsp. = Tablespoon

C. or c. = cup

pt. = pint

qt. = quart

oz. = ounce

fl. oz. = fluid ounce

gal. = gallon

lb. = pound

F° = Fahrenheit degrees

C° = Celsius degrees

L. = Liter

g = gram

mL = milliliter

3 teaspoons = 1 tablespoon = 1/2 or .5 fluid ounces

16 tablespoons = 1 cup = 8 fluid ounces

2 cups = 1 pint = 16 fluid ounces

2 pints = 1 quart = 32 fluid ounces

4 quarts = 1 gallon = 128 fluid ounces

1 ounce = 28 grams

16 ounces = 1 pound

1/8 cup = 2 tablespoons

~~_____ cup = 5 1/3 tablespoons~~

~~_____ cup = 10 2/3 tablespoons~~

16 T = 1 cup

8 T = 1/2 cup

4 T = 1/4 cup

2 T = 1/8 cup

3/4 -
cut in half
for a recipe
= 1/4 c. + 2
Table-
spoon

1 pound of butter or margarine = 4 sticks = 2 cups

* 1 stick of butter = 1/2 cup

baker's dozen = 13 - 1 for baker to taste

1 cup sour milk = 1 cup buttermilk

1 lb. Cheese = 4 cup grated

1 med. Lemon = 3 T. lemon juice

1 cup sour milk = 1 c. milk + 1 T. vinegar or lemon juice

* There is no standard 3/4 c dry measuring cup or 3/4 teaspoon. You must use 1/2 + 1/4 or 1/4 + 1/4 + 1/4.